



# CHANNEL SWIMMING & PILOTING FEDERATION

[www.channelswimming.net](http://www.channelswimming.net)

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## Qualification form

This form is to ascertain if the swimmer is fit enough to start the swim as member of a relay team (2-hour swim) or as solo swimmer (6-hour swim). The second page is to be used for reporting feeds and stroke count.

| Channel Swim  |   |
|---|---|
| CS&PF swim number (if known)  | unknown   |
| Approximate Channel swim date (and/or position in tide)   | August 15 <sup>th</sup> 2 <sup>nd</sup> position on spring tide                                   |
| Pilot's name  | Lance Oram  |
| Swimmer   |   |
| Swimmers name   | all 6 (+ 2)   |
| Swimmers e-mail address   | see individual forms  |
| Team (not as solo swimmer)  |   |
| Team name   | Dutch Ladies first!   |
| Team website  | <a href="http://dutchladiesfirst.noww.nl">http://dutchladiesfirst.noww.nl</a>                     |
| Team leader name  | Richard Broer   |
| Team leader e-mail address  | <a href="mailto:richard.broer@noww.nl">richard.broer@noww.nl</a>                                  |
| Team e-mail address (collective)  | <a href="mailto:dutchladiesfirst@noww.nl">dutchladiesfirst@noww.nl</a>                            |
| Qualification Swim  |   |
| Date of qualification swim  | April 30, 2012  |
| Water temperature (must be no more than 16C or 61F)   | 16C   |
| Duration of the swim  | 2 hours   |
| Length of the swim (or estimate)  | 6900 – 7800m  |
| Wind force (approximate in Baufort)   | 2 – 3 Bft   |
| Wave height (approximate in meters)   | 0,05 (bow waves of swimmers)  |
| Type of water (sea, lake, canal, pool, etc)   | 25m pool  |
| Location of swim (if possible the longitude and latitude of start (and finish if different))  | Zwembad Haasbroek, Zoeterwoude, The Netherlands   |
| Weather   | sunny and dry   |
| Description of swim suit used (state that a regulation swimsuit is used)  | all swimmers in regulation suits  |
| Observer  |   |
| Observers name  | Richard Broer assisted by 4 parents/friends   |
| Observers e-mail address  | <a href="mailto:richard.broer@noww.nl">richard.broer@noww.nl</a>                                  |
| Capacity of observer (coach, trainer, family, friend, etc. and please state if he/she is an official of a swimming federation or association and which) | team coach<br>member of TOWC national swimming federation (KNZB)                                  |
| Any other relevant remarks by the observer  |   |
| Signatures  |   |
| The observer states that this report is correct by signing this statement<br>see individual reports (not all parents signed themselves)                 | The swimmer states this report is correct by signing this statement<br><br>see individual reports |